

## **2019 HYAL 5th/6th boys basketball rules:**

**Every player must play equal time: Subbing every 5 minutes. Exceptions to this rule is if a player has been missing practices or has been a discipline problem. If a player is not going to play equal time the opposing coach and the official needs to be notified. If a player is in foul trouble or is hurt is the only time coaches can sub other than the 5 minute mark.**

**Person to person defense only .**

**No double teaming allowed except inside the key. After 2 warnings technical is administered.**

**Three point shots counted.**

**10 second back court violation is in affect.**

**Any player that had a hard hit to the head must leave the game and not return for the rest of the game.**

**Any player that is bleeding must be removed from the game and not return until the cut is covered and under control.**

## **Technical fouls:**

**A coach receiving two technicals in one game will not coach the rest of that game he/she will leave the venue and will not coach the next game.**

**A coach receiving 3 technicals in one season will not coach the rest of the season.**

**A player that receives a technical will not play the rest of the game.**

**Person to Person full court defense is allowed in the 2nd half only. If a team is up by 10 points or more in the 3rd or 4th quarter that team is not permitted to press but the opposing team may.**

**5 personal fouls and a player is out of that game**

**7 team fouls per half and the other team takes a 1 and 1.**

**10 teams fouls result in 2 foul shots for every personal foul.**

## **Clock:**

**4 - 10 minute quarters.**

**Stop clock to allow players to line up for foul shot. Clock starts once shooter gets the ball from the official for the 1st foul shot.**

**1- thirty second time outs per 1/2**

**No break between 1/4's and 1/2's.**

**Overtime for ties- 3 min. stop clock. Still tie after that score remains.**

Points of emphasis this yr.

**1. Boys and girls come in on the release for foul shots except players foul line and beyond. They wait till the ball hits the rim.**

**2. Two contacts or double hand touch on defense is a personal foul.( only one hot stove touch)**

**3. Arm bar with contact is a personal foul.**

**4. Arms parallel to the floor with contact is a foul. ( hands up)**

**5. Player coming in for a lay up when the defense is planted then continues into the defense is a player control foul. No basket and ball goes to the other team.**

**6. Yelling when an opposing player is shooting is a unsportsmanlike technical foul .**

**Coaches, Spectators, and players.**

**1. Only two coaches are allowed on the bench or coaching area. Only the head coach may stand or address the official.**

**After one warning to an assistant and they continue to address an official they must leave the bench immediately and become a spectator.**

**2. Coaches are not permitted on the court during play. Exception is when a player is injured and then that player must come out of the game.**

**3. Coaches, spectators and bench players must remain outside the court lines and players not in the game must remain seated on the bench.**

**4. Any intentional flagrant foul the player will be taken out of the game.**

**5. Coaches will under no circumstances “commentate or “critique” the game to the official. The coach will be warned to stop and if he/she continues he/she will be issued a**

**technical. No Tolerance Rule. Two technicals and they will not coach the next game and will leave the game and venue.**

**6. Officials must report any technicals for poor sportsmanship or intentional fouls to the president @ [ldicapua4@aol.com](mailto:ldicapua4@aol.com).**