

2019 HYAL 5th/6th boys and girls basketball rules:

Every player must play equal time: Subbing every 5 minutes. Exceptions to this rule is if a player has been missing practices or has been a discipline problem. If a player is not going to play equal time the opposing coach and the official needs to be notified. If a player is in foul trouble or is hurt is the only time coaches can sub other than the 5 minute mark.

Person to person defense only .

No double teaming allowed except inside the key.

After 2 warnings technical is administered.

Three point shots counted.

10 second back court violation is in affect.

Technical fouls:

A coach receiving two technicals in one game will not coach the rest of that game he/she will leave the venue and will not coach the next game.

A coach receiving 3 technicals in one season will not coach the rest of the season.

A player that receives a technical will not play the rest of the game.

Person to Person full court defense is allowed only in the 4th quarter . If a team is up by 10 points or more in the 4th quarter that team is not permitted to press but the opposing team may.

Personal Fouls:

5 personal fouls and a player leaves the game.

Boys- 7 team fouls per half and the other team takes a 1 and 1.

10 teams fouls result in 2 foul shots for every personal foul.

Girls- 5 team fouls per quarter other team shoots 2 foul shots for every personal foul.

Clock:

4 - 10 minute quarters running time.

The clock stops as players line up for the foul shot. After the official gives the ball to the shooter for their first shot the clock starts.

Time outs: one 30 second time out per half.

No break between 1/4's and 1/2's.

Overtime for ties- 3 min. stop clock. Still tie after that score remains.

The clock will stop after each basket and at every whistle during the last minute of play if the score is within 4 points.

Coaches, Spectators, and Players.

1. Only one coach and one assistant coach are allowed on the bench or coaching area.

2. Only the head coach may stand or address the official. If after one warning to an assistant and the assistant continues to address an official the assistant coach must leave the bench and become a spectator.

3. Coaches are not permitted on the court during play. Exception is when a player is injured and then that player must come out of the game unless the coach calls a time out.

4. Coaches, spectators and bench players must remain outside the court lines and players not in the game must remain seated on the bench.

5. Any intentional flagrant foul the player will be taken out of the game.

6. Coaches will under no circumstances “commentate or “critique” the game to the official. The coach will be warned to stop and if he/she continues he/she will be issued a technical. No Tolerance Rule. Two technicals and they will not coach the next game and will leave the game and venue.

7. Officials must report any technicals or intentional fouls by coaches or players to the president -

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